Our God-Given Immune System: The Best Defense Against Covid-19

HOW TO EAT TO LIVE
BOOKS 1 & 2
by the Honorable Elijah Muhammad
finalcallstore.noi.org

"If we eat the proper food and eat at the proper time, the food will keep us living a long, long time."

The Hon. Elijah Muhammad
Covid-19: Practical Steps for Self-Care: What You Can Do to Protect Yourself
www.noi.org

Immune Boosters
- Fresh Air
- Exercise
- Vitamin D3
- Vitamin C
- Quercetin
- Zinc

Anti-Viral & Antiseptics Prevention and Treatments
- Ivermectin
- Nigella Sativa (Black Cumin Seed)
- Antiseptic Gargle Mouthwash

For detailed information: Visit the Front Line Covid-19 Critical Care Alliance @https://covid19criticalcare.com